Chief Medical Officer Directorate

Pharmacy and Medicines Division



23 July 2020

Medicine Supply Alert Notice

Oral Contraceptive tablets (various brands)

Priority: Level 2*

Valid until: Various - see table

Issue

1. The following oral contraceptive preparations are currently out of stock:

Product affected	Ingredients	Resupply Date	Management Advice
Brevinor [®]	Ethinylestradiol/norethisterone 35microgram/500 microgram tablets	Late October 2020	 There are no exact equivalent preparations available in the UK market. Other ethinylestradiol and norethisterone OCP products remain available. Clinicians are advised to refer to CKS guidance for advice.
Norimin [®]	Ethinylestradiol/norethisterone 35microgram/1mg tablets	November 2020	 There are no exact equivalent preparations available in the UK market. Other ethinylestradiol and norethisterone OCP products remain available. Clinicians are advised to refer to CKS guidance for advice.
Synphase [®]	Ethinylestradiol/norethisterone/ 35microgram/500microgram and 35microgram/1mg tablets	November 2020	 Unlicensed imports of Synphase[®] tablets have been sourced; lead times vary. Other brands of phasic oral contraceptive tablets of differing composition remain available.
Yiznell [®]	Ethinylestradiol/drospirenone 30microgram/3mg tablets	TBC	Equivalent alternatives with same composition remain available from suppliers of following brands: Dretine, Yacella, Yasmin, Ellaite and Lucette.
Zoely [®]	Estradiol/nomegestrol 1.5mg/2.5mg tablets	September 2020	 There are no exact equivalent preparations available in the UK market. Clinicians are advised to refer to <u>CKS</u> <u>quidance</u> for advice.

Advice and Actions

2. For patients with insufficient supplies of their oral contraceptive to last until the resupply date, clinicians should consider prescribing an alternative OCP following the advice contained in this MSAN (see summary table and additional information).

^{*}https://nhsnss.org/media/3874/medicine-supply-alert-notices-definitions-of-classifications-21-october-2019.docx

- Where unlicensed imports are deemed appropriate, prescribers should work with local pharmacy teams to ensure orders are placed within appropriate time frames as lead times vary (see additional information),
- 4. Clinicians (both prescribing and dispensing) should counsel patients regarding the different brand and dosing regimen prescribed, where appropriate.
- 5. Specifically for patients with insufficient supplies of Synphase® tablets to last until the resupply date, prescribers should consider prescribing:
 - an alternative phasic oral contraceptive (see additional information below):
 - an alternative non-phasic oral contraceptive; or
 - an unlicensed import of Synphase® tablets (see additional information below).

Additional Information

Guidance on ordering and prescribing unlicensed imports:

- 6. The following specialist importers have currently confirmed they can source unlicensed Synphase® tablets with variable lead times (please note, there may be other companies that can also source supplies):
 - Clinigen;
 - Mawdsleys Unlicensed;
 - Target Healthcare.
- 7. Any decision to prescribe an unlicensed medicine must consider the relevant guidance and NHS Board or local governance procedures. Please see the links below for further information.
 - Prescribing unlicensed medicines, General Medical Council (GMC);
 - <u>The supply of unlicensed medicinal products</u>, Medicines and Healthcare products Regulatory Agency (MHRA);
 - <u>Professional Guidance for the Procurement and Supply of Specials</u>, Royal Pharmaceutical Society (RPS).

Clinical Information

8. For further information on the constituents of phasic oral contraceptives, see the table below:

Oral Contraceptive	Supplier	Number of tablets	Ethinylestradiol content (micrograms)	Levonorgestrel content (micrograms)	Norethisterone content (micrograms)
		7	35		500
Synphase [®]	Pfizer	9	35		1000
		5	35		500
Logynon®/Logynon		6	30	50	
ED®'	Bayer	5	40	75	
LU		10	30	125	
	Consilient	6	30	50	
TriRegol®		5	40	75	
		10	30	125	

^{*}Logynon ED® also contains 7 placebo tablets to allow continuous daily dosing

- 9. SPCs for the phasic oral contraceptives:
 - Logynon[®] tablets;
 - Logynon ED® tablets;
 - TriRegol[®] tablets.

Enquiries

 Enquiries from Health Boards or healthcare professionals should be directed in the first instance to PharmacyTeam@gov.scot (primary care) or NSS.NHSSMedicineShortages@nhs.net (secondary care).