



5 August 2020

## **Medicine Supply Alert Notice**

### **Senna with ispaghula husk (Manevac<sup>®</sup>) granules (Mylan)**

**Priority: Level 2\***  
**Valid until: February 2021**

#### **Issue**

1. Manevac<sup>®</sup> granules 250g and 400g pack sizes are out of stock until **30 September 2020** and **February 2021** respectively.
2. Individual components of Manevac<sup>®</sup> are available (ispaghula husk 3.5-gram sachets and senna tablets 7.5mg).

#### **Advice and Actions**

3. For patients with insufficient supplies of Manevac<sup>®</sup> granules, clinicians should:
  - review if treatment is still required;
  - consider switching to individual components providing there are no issues with excipients of these products; and;
  - counsel patients on the different products and dosing regimen prescribed. (See additional information)

#### **Additional Information**

4. UKMi have advised the following:
  - Manevac<sup>®</sup> licensed dose in adults and children (aged 12 years and over) is 5g or 10g of granules at night, usually up to two to three times a week. The granules are placed dry on the tongue and, without chewing or crushing, swallowed with a glass of water.
  - There is no combination product containing the same constituents as Manevac<sup>®</sup> therefore clinicians are advised to use individual components, however due to its aspartame content, ispaghula husk products should not be given to patients with phenylketonuria, and senna syrup should not be given to patients with rare hereditary problems of fructose intolerance as it contains maltitol liquid.
  - Ispaghula husk is licensed to be given as one 3.5g sachet morning and evening
  - The usual dose of senna is 7.5mg to 15mg once a day (maximum 30mg daily)
  - A 5g dose of Manevac<sup>®</sup> could be replaced with one sachet of ispaghula husk 3.5g and two 7.5mg senna tablets (OR 10ml senna syrup if patients are unable to swallow tablets).
  - As it is unclear if the above mentioned dose of ispaghula and senna would really need to be doubled for patients on 10g dose of Manevac<sup>®</sup> at night, it would be prudent to start on lower dose and monitor response. If a higher dose is deemed necessary, ispaghula and senna would usually be prescribed as a twice daily dose.

- For patients who are used to taking Manevac® granules, clinicians will need to counsel patients appropriately to ensure they are aware ispaghula sachets must be made up in a glass of water.
- Refer to [BNF](#) for alternative products if patients are not suitable for or unable to tolerate the individual components.

5. See SPCs below for further information:

- [Manevac® granules](#)
- [Senna products](#)
- [Senokot® products](#)
- [Ispaghula husk products](#)

### **Enquiries**

6. Enquiries from Health Boards or healthcare professionals should be directed in the first instance to [PharmacyTeam@gov.scot](mailto:PharmacyTeam@gov.scot) (primary care) or [NSS.NHSSMedicineShortages@nhs.net](mailto:NSS.NHSSMedicineShortages@nhs.net) (secondary care).