



NHS Pharmacy First Scotland Approved List of Products

43rd Edition: 1st October 2026
Review Date: 1st October 2029

Changes made in this Edition:

- Update to advise of the intended next review outcome (1st October 2029)
 - Update to Section 10.1 Skin – Eczema and Allergy:
Addition of West of Scotland Formulary (applicable to NHS Ayrshire & Arran, NHS Dumfries & Galloway, NHS Forth Valley, NHS Greater Glasgow & Clyde, NHS Lanarkshire)
 - Emollients - creams
 - Epimax original cream – 100 g, 500 g
 - Zerobase 11% cream – 50 g, 500 g
 - Cetraben cream – 50 g, 500 g
 - QV cream – 100 g, 500 g
 - Emollients – gels
 - Epimax isomol gel – 100 g, 500 g
 - ZeroDouble gel – 100 g, 500 g
 - Emollients – ointments
 - 1st line – White soft paraffin 50% / Liquid paraffin 50% ointment* - 250 g, 500 g
 - 1st line – Zeroderm ointment – 125 g, 500 g
 - 2nd line – Hydromol ointment – 125 g, 500 g
- *Brands reimbursable as per Part 2 of the Scottish Drug Tariff:
- Fifty: 50 ointment – 250 g, 500 g
 - KreaMoint 50:50 ointment – 500 g

NHS Ayrshire & Arran

- Amended to include West of Scotland Formulary details
- Emollients
 - Removal of Doublebase gel – 100 g, 500 g
 - Removal of Hydromol ointment – 1 kg
 - Removal of Zeroveen cream – 100 g, 500 g
 - Removal of Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment – 500 g
- Bath/shower preparations with antimicrobials
 - Removal of Dermol 500 lotion – 500 ml

NHS Dumfries & Galloway

- Amended to include West of Scotland Formulary details
- Emollients
 - Removal of ExoCream – 500 ml
 - Removal of Hydromol ointment – 1 kg
- Emollient bath and shower additives
 - Removal of Emulsifying ointment -500 g
 - Removal of Hydromol Bath and Shower emollient – 500 ml
 - Removal of QV Gentle wash – 500 ml
- Bath/shower preparations with antimicrobials
 - Removal of Dermol 200 shower emollient – 200 ml
 - Removal of Dermol 600 bath emollient – 500 ml

NHS Forth Valley

- Amended to include West of Scotland Formulary details
- Emollients
 - Removal of Doublebase gel – 100 g, 500 g
 - Removal of Cetraben cream – 150 g
 - Removal of QV 5% skin lotion – 500 ml
 - Removal of Dermol cream – 100 g, 500 g
 - Removal of Dermol 500 Lotion (as a soap substitute) – 500 ml
 - Removal of QV Gentle wash (as soap substitute) – 500 ml
 - Removal of Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment – 500 g

NHS Greater Glasgow and Clyde

- Amended to include West of Scotland Formulary details
- Lotion
 - Removal of Cetraben Lotion – 200 ml, 500 ml
- Ointment
 - Removal of Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment – 500 g
- Emollient bath and shower additives
 - Removal of Hydromol bath and shower emollient – 350 ml, 500 ml, 1000 ml

NHS Lanarkshire

- Amended to include West of Scotland Formulary details
- Emollients
 - Removal of ExoCream – 500 ml
 - Removal of Emulsifying ointment – 500 g

PLEASE NOTE: Thank you to all those who submitted suggestions for changes to this Approved List during the third full review. Each request has been carefully considered by a wide range of stakeholders with the final decision made by the Area Drugs and Therapeutics Committees Collaborative (ADTCC). The rationale for decisions taken by the ADTCC can be found in Appendix 1 at the end of this document.

The next full review of the NHS PFS Approved List is due in 2029. Details of how suggestions can be submitted will be communicated in due course.

In the meantime, if any problems with the current list are identified e.g. discontinued items, long term out of stock, please continue to report these to Community Pharmacy Scotland who will liaise with Scottish Government to address the issue.

Changes made in previous Editions to be aware of:

In the 1 June 2024 Edition, a change was made to Section 2.2 Cough to remove Simple linctus paediatric sugar free and Simple Linctus sugar free, all pack sizes.

This removal was following advice from Area Drugs and Therapeutics Committees Collaborative (ADTCC). Lack of clinical evidence of effectiveness means they cannot support the continued inclusion of these products as treatments available on the NHS, in line with prescribing guidance across the country.

Patients presenting with symptoms of a cough can obtain background information on coughs and their clinical management [at NHS Inform here](#) If the patient subsequently requires further support, they can still access NHS Pharmacy First Scotland consultations for advice and/or referral where appropriate.

NHS Pharmacy First Scotland: Approved list of products

Introduction

The Scottish Government NHS Circular [PCA \(P\)\(2020\)13](#), published in June 2020, details the launch of NHS Pharmacy First Scotland. The circular encloses the legal Directions, service specification and operational support documents which together outline how the service should operate.

This approved list of products has been developed by representatives of all 14 NHS Health Boards with input from Community Pharmacy Scotland and other key stakeholders. It details the limited list of items which may be supplied to eligible patients following a consultation in response to presenting symptoms. **Wherever possible, providing lifestyle advice and support to manage minor conditions should be the preferred course of action**, with treatment supplied and referrals made only where necessary. With the exception of sections 10.1 (Skin: Eczema and allergy) and 6.1 (Cystitis), the items detailed in the Approved List can be supplied across all NHS Boards. In sections 10.1 and 6.1, each NHS Board has indicated the approved items which may be supplied by community pharmacy teams in their area.

The medicines listed should be used within their GSL or P licensed indication, and the POM products listed should only be used under the terms of the relevant Patient Group Directions (PGDs). The approved list serves only to detail the treatments available under the service – the Pharmacist must use their own professional judgement at all times to determine the best course of action for each patient. Only those specific items and pack sizes which appear on this list will be reimbursed if supplied under the NHS Pharmacy First Scotland service. Where a patient wishes to use a particular product which does not appear on the Approved List and the Pharmacist agrees that this is safe and appropriate, the patient may purchase that product.

The Approved List is arranged according to BNF category, with products within each category listed alphabetically. Selection of products should be based on the Pharmacist's assessment of clinical appropriateness for each individual patient. However, where there is a clear first-line choice of treatment this is indicated.

A new section of the [Scottish Drug Tariff](#), Part 17, hosts the approved list of products.

Notes

The list details the products available on the NHS Pharmacy First Scotland Service.

Please note the following points:

- A range of pack sizes and forms have been included for some lines to ensure continued supply when some are temporarily unavailable.
- When making a choice between available products, in the absence of a clinical reason determining otherwise, the most cost-effective one should be selected.
- When making a choice between a sugar free and a sugar containing product, in the absence of a clinical reason determining otherwise, the sugar free one should be selected.
- When submitting reimbursement claims for products supplied, it is important that the label and claim should match the product as it is written in the Approved List. For example, if listed generically in the Approved List then the label and claim must be for the generic item. If listed as a branded product then the label and claim should be for that branded product.

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1. Gastrointestinal System			
1.1 Dyspepsia and Gastro-oesophageal reflux			
1 st Line	Co-magaldrox 195mg/220mg/5ml oral suspension sugar free	Pack Size	500 ml
1 st Line	Peptac Liquid Aniseed	Pack Size	500 ml
1 st Line	Peptac Liquid Peppermint	Pack Size	500 ml
1.2 Gastrointestinal smooth muscle spasm			
	Hyoscine butyl bromide 10 mg tablets	Pack Size	20
1.3 Irritable Bowel Syndrome			
	Mebeverine 135 mg tablets	Pack Size	15
1.4 Acute Diarrhoea			
1 st Line	Dioralyte oral powder sachets blackcurrant Dioralyte oral powder sachets citrus Dioralyte oral powder sachets plain	Pack Size	6, 20*
2 nd Line	Dioralyte Relief oral powder sachets blackcurrant Dioralyte Relief oral powder sachets raspberry	Pack Size	6
2 nd Line	Loperamide 2 mg capsules	Pack Sizes	6, 10, 12
1.5 Constipation			
	Ispaghula husk 3.5 g effervescent granules sachets gf sf	Pack Sizes	10, 30
	Macrogol compound oral powder sachets NPF sugar free	Pack Sizes	20, 30
	Bisacodyl 5 mg gastro-resistant tablets	Pack Sizes	20
	Glycerol 1 g suppositories	Pack Size	12
	Glycerol 2 g suppositories	Pack Size	12
	Glycerol 4 g suppositories	Pack Size	12
	Senna 7.5 mg tablets	Pack Size	20
	Sennosides 7.5 mg/5 ml oral solution sugar free	Pack Size	150 ml
2 nd Line	Lactulose 3.1-3.7g/5 ml oral solution **	Pack Sizes	300 ml, 500 ml
1.6 Haemorrhoids			
	Anusol Cream	Pack Size	23 g
	Anusol Ointment	Pack Size	25 g
	Anusol Plus HC Ointment (Treatment should not be for longer than 7 days with hydrocortisone containing products)	Pack Size	15 g
	Anusol Plus HC suppositories (Treatment should not be for longer than 7 days with hydrocortisone containing products)	Pack Size	12
	Anusol suppositories	Pack Size	12

* Packs of 20 sachets may be split up into 5 sachets per patient. Contractors should endorse the pack size and quantity for each dispensing.

** Lactulose 3.1-3.7g/5ml oral solution products are 2nd line osmotic laxative.

2. Respiratory

2.1 Allergy (for topical preparations see sections 2.4 (nasal allergy) and 7.2 (eye))

	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg / ml oral solution sugar free	Pack Size	70 ml, 200ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine oral solution 2 mg / 5ml	Pack Size	150 ml
	Chlorphenamine oral solution 2 mg / 5ml sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml
	Fexofenadine 120 mg tablets (PGD)	Pack Size	30

2.2 Cough

	No products		
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2.3 Nasal Congestion

	Xylometazoline 0.05% drops	Pack Size	10 ml
	Xylometazoline 0.1% drops	Pack Size	10 ml
	Xylometazoline 0.1% nasal spray	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (Almus Pharmaceuticals Ltd)	Pack Size	10 ml
	Sodium chloride 0.9% nasal drops (Orbis Consumer Products Ltd)	Pack Size	10 ml

2.4 Nasal Allergy

	Beclometasone dipropionate 50 micrograms/actuation nasal spray (PGD for 200 doses pack)	Pack Sizes	100 doses, 180 doses, 200 doses
	Mometasone furoate 50 micrograms/actuation nasal spray, suspension (PGD)	Pack Sizes	140 doses

3. Central Nervous System

3.1 Travel sickness

	Cinnarizine 15 mg tablets	Pack Size	15
	Hyoscine hydrobromide 150 micrograms tablets	Pack Size	12
	Hyoscine hydrobromide 300 micrograms tablets	Pack Size	12

3.2 Analgesics and Antipyretics

	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Paracetamol 120 mg /5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 120 mg /5 ml oral suspension paediatric	Pack Size	100 ml
	Paracetamol 250 mg /5 ml oral suspension sugar free	Pack Size	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets ***	Pack Size	24

3.3 Migraine and associated symptoms			
	Aspirin dispersible 300 mg tablets	Pack Size	32
	Aspirin tablets 300 mg	Pack Size	32
	Prochlorperazine 3 mg buccal tablets	Pack Size	8
	Sumatriptan 50 mg tablets	Pack Size	2

4. Musculoskeletal & Joint

4.1 Musculoskeletal & Joint			
	Ibuprofen 100 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml
	Ibuprofen 200 mg tablets	Pack Size	24
	Ibuprofen 400 mg tablets	Pack Size	24
	Ibuprofen 5% gel	Pack Sizes	30 g, 50 g
	Paracetamol 120 mg/5 ml oral suspension paediatric sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 120 mg /5 ml oral suspension paediatric	Pack Size	100 ml
	Paracetamol 250 mg/5 ml oral suspension sugar free	Pack Sizes	100 ml, 200 ml
	Paracetamol 500 mg tablets	Pack Size	32
	Paracetamol 500 mg soluble tablets ***	Pack Size	24

*** Note: Product has high salt content.

5. Infections

5.1 Vaginal Candidiasis			
	Clotrimazole 1% cream	Pack Size	20 g
	Clotrimazole 500 mg pessaries	Pack Size	1
	Fluconazole 150 mg capsule	Pack Size	1
5.2 Fungal Skin Infections (not nail)			
	Clotrimazole 1% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% and hydrocortisone 1% cream	Pack Size	15 g
	Miconazole 2% cream	Pack Size	30 g
	Terbinafine 1% cream	Pack Sizes	15 g
5.3 Preparations for warts and verrucae			
	Occlusal 26% Solution	Pack Size	10 ml
	Salactol Paint	Pack Size	10 ml
	Salatac gel	Pack Size	8 g
	Bazuka Extra Strength 26% gel (Diomed Developments Ltd)	Pack Size	5ml
5.4 Cold sores			
	Aciclovir cream 5%	Pack Size	2 g
5.5 Threadworm			
	Mebendazole 100 mg chewable tablets sugar free	Pack Size	1
	Mebendazole 100 mg/5 ml oral suspension	Pack Size	30 ml

5.6 Head lice			
	Dimeticone 4% lotion	Pack Sizes	50 ml, 150 ml
	Dimeticone 4% cutaneous spray	Pack Size	120 ml
	Nitcomb - M2	Pack Size	1
	Nitcomb - S1	Pack Size	1
	Nitty Gritty NitFree Steel Nit Comb	Pack Size	1
5.7 Scabies, Pubic (Crab) Lice			
	Malathion 0.5% aqueous liquid	Pack Size	150 ml
	Permethrin 5% cream	Pack Size	30 g
5.9 Impetigo			
	Fusidic acid 2% cream (PGD)	Pack Size	15 g
	Hydrogen peroxide 1% cream	Pack Size	25 g, 40 g
5.10 Shingles			
	Aciclovir 400 mg tablets (PGD)	Pack Size	56
	Aciclovir 800 mg tablets (PGD)	Pack Size	35
	Aciclovir 400 mg dispersible tablets (PGD)	Pack Size	56
	Aciclovir 800 mg dispersible tablets (PGD)	Pack Size	35
5.11 Bacterial skin infections			
	Flucloxacillin 250 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 500 mg capsules (PGD)	Pack Size	28
	Flucloxacillin 250 mg/5 ml oral solution (PGD)	Pack Size	100 ml

6. Urinary Tract Disorders

6.1 Cystitis

Local Formulary choices – UTI PGDs

Please refer to your NHS Board for further details on e.g. how to access test results required for Nitrofurantoin PGDs.

NHS Board	1st Line	2nd Line
Ayrshire and Arran	Trimethoprim	N/A
Borders	Trimethoprim	Nitrofurantoin
Dumfries and Galloway	Trimethoprim	Nitrofurantoin
Fife	Trimethoprim	Nitrofurantoin
Forth Valley	Trimethoprim	Nitrofurantoin
Greater Glasgow and Clyde	Trimethoprim	Nitrofurantoin
Grampian	Trimethoprim	N/A
Highland	Trimethoprim	Nitrofurantoin
Lanarkshire	Trimethoprim	Nitrofurantoin
Lothian	Trimethoprim	Nitrofurantoin
Orkney	Trimethoprim	Nitrofurantoin
Shetland	Trimethoprim	Nitrofurantoin
Tayside (access to test results in pharmacy)	Nitrofurantoin	Trimethoprim
Tayside (no access to test results except via GP or OOH)	Trimethoprim	Nitrofurantoin
Western Isles	Trimethoprim	Nitrofurantoin

Nitrofurantoin 50 mg tablets (PGD)	Pack Size	28
Nitrofurantoin 50 mg immediate release capsules (PGD)	Pack Size	28
Nitrofurantoin 100 mg modified-release capsules (PGD)	Pack Size	14
Trimethoprim 100 mg tablets (PGD)	Pack Size	28
Trimethoprim 200 mg tablets (PGD)	Pack Size	6
Trimethoprim 200 mg tablets (PGD)	Pack Size	14
Sodium citrate 4 g oral granules sachets	Pack Size	6
Sodium citrate 4 g oral powder sachets	Pack Size	6
Potassium citrate 3 g granules sachets sugar free	Pack Size	6

7. Eye

7.1 Infected Eye

	Chloramphenicol 0.5% eye drops	Pack Size	10 ml
	Chloramphenicol 1% eye ointment	Pack Size	4 g

7.2 Management of Dry Eye

	Artelac Nighttime 0.2% Gel	Pack Size	10 g
	Carbomer 0.2% Gel (Medicom Healthcare Ltd)	Pack Size	10 g
	Clinitas Carbomer 0.2% Eye Gel	Pack Size	10 g
	Lumecare Carbomer 0.2% Eye Gel	Pack Size	10 g
	Ocufresh 0.2% Lubricating Eye Gel (Blumont Healthcare Ltd)	Pack Size	10 g
	Xailin 0.2% Eye Gel	Pack Size	10 g
	Evolve Carbomer 980 0.2% Eye Gel preservative free	Pack Size	10 g
	Hylo Night eye ointment preservative free	Pack Size	5g
	Hypromellose 0.3% eye drops	Pack Size	10 ml
	Xailin Night eye ointment preservative free	Pack Size	5g
	AaCarb Carbomer 0.2% eye gel	Pack Size	10g
	GelTears 0.2% gel	Pack Size	10g
	Viscotears 2mg/g liquid gel	Pack Size	10g

7.3 Allergic Eye Conditions

	Sodium cromoglicate 2% eye drops	Pack Sizes	10 ml
	Olopatadine 1mg/1ml eye drops (PGD)	Pack Size	5 ml

8. Ear

8.1 Removal of Ear Wax

1st Line:	Olive oil ear drops (Alissa Healthcare Research Ltd)	Pack Size	10 ml
	Arjun ear drops	Pack Size	10 ml
	Olive oil ear drops (Bell, Sons & Co (Druggists) Ltd)	Pack Size	10ml
	Care olive oil ear drops	Pack Size	10ml
	KliarVax Olive Oil ear drops	Pack Size	10ml
	Olive oil ear drops (Numark Ltd)	Pack Size	15ml
	Otadrop olive oil ear drops	Pack Size	10ml
	Olive oil ear drops (Sai-Meds Ltd)	Pack Size	10ml
	Olive oil ear drops (St Georges Medical Ltd)	Pack Size	10ml
2nd Line:	Sodium bicarbonate 5% ear drops (Alissa Healthcare Research Ltd)	Pack size	10 ml
	Sodium bicarbonate 5% ear drops (Bell, Sons & Co (Druggists) Ltd)	Pack size	10 ml
	KliarVax Sodium Bicarbonate ear drops	Pack size	10 ml
	Sodium bicarbonate 5% ear drops (Sai-Meds Ltd)	Pack size	10 ml
	Sodium bicarbonate 5% ear drops (Thornton & Ross Ltd)	Pack size	10 ml

8.2 Otitis Externa

	Acetic acid 2% solution	Pack Size	5 ml
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9. Mouth

9.1 Oral Ulceration and Inflammation

	Benzydamine 0.15% oromucosal spray sugar free	Pack Size	30 ml
	Benzydamine 0.15% mouthwash sugar free	Pack Size	300 ml
	Chlorhexidine gluconate 0.2% mouthwash	Pack Size	300 ml
	Corsodyl 0.2% mouthwash – alcohol free	Pack Size	300 ml
	Anbesol liquid	Pack Sizes	10 ml

9.2 Oral Thrush

	Miconazole 20mg/g oromucosal gel sugar free	Pack Size	15 g
	Nystatin oral suspension 100,000 units/ml (PGD)	Pack Size	30 ml

10. Skin

10.1 Eczema and Allergy

Lists for each NHS Board below

NHS Ayrshire & Arran			
West of Scotland Formulary			
(NHS Ayrshire & Arran, Dumfries & Galloway, Forth Valley, Greater Glasgow & Clyde, Lanarkshire)			
<u>Emollients - creams:</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
<u>Emollients – gels:</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
	ZeroDouble gel	Pack Sizes	100 g, 500 g
<u>Emollients – ointments:</u>			
1 st Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Size	125 g, 500 g

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below:

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g, 500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g

NHS Borders			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1 st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2 nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2 nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2 nd Line	QV cream	Pack Size	500 g
2 nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2 nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
<u>Emollients (heavy weight):</u>			
1 st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2 nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2 nd Line	Emulsifying ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1 st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2 nd Line	Emulsifying ointment	Pack Size	500 g
<u>Bath/shower preparations with antimicrobials:</u>			
3 rd Line	Dermol 500 lotion	Pack Size	500 ml

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g

NHS Dumfries & Galloway			
West of Scotland Formulary			
(NHS Ayrshire & Arran, Dumfries & Galloway, Forth Valley, Greater Glasgow & Clyde, Lanarkshire)			
<u>Emollients - creams:</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
<u>Emollients – gels:</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
	ZeroDouble gel	Pack Sizes	100 g, 500 g
<u>Emollients – ointments:</u>			
1 st Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Size	125 g, 500 g

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below:

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g, 500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g

NHS Fife			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1 st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2 nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2 nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2 nd Line	QV cream	Pack Size	500 g
2 nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2 nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
<u>Emollients (heavy weight):</u>			
1 st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2 nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2 nd Line	Emulsifying ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1 st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2 nd Line	Emulsifying ointment	Pack Size	500 g
<u>Bath/shower preparations with antimicrobials:</u>			
3 rd Line	Dermol 500 lotion	Pack Size	500 ml

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g

NHS Forth Valley			
West of Scotland Formulary			
(NHS Ayrshire & Arran, Dumfries & Galloway, Forth Valley, Greater Glasgow & Clyde, Lanarkshire)			
<u>Emollients - creams:</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
<u>Emollients – gels:</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
	ZeroDouble gel	Pack Sizes	100 g, 500 g
<u>Emollients – ointments:</u>			
1 st Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Size	125 g, 500 g

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below:

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g, 500 g
	KreaMoint 50:50 ointment	Pack Sizes	500 g

NHS Greater Glasgow & Clyde			
West of Scotland Formulary			
(NHS Ayrshire & Arran, Dumfries & Galloway, Forth Valley, Greater Glasgow & Clyde, Lanarkshire)			
<u>Emollients - creams:</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
<u>Emollients – gels:</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
	ZeroDouble gel	Pack Sizes	100 g, 500 g
<u>Emollients – ointments:</u>			
1 st Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Size	125 g, 500 g

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below:

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g, 500 g
	KreaMoint 50:50 ointment	Pack Sizes	500 g

NHS Grampian			
<u>Emollients:</u>			
<u>Ointments:</u>			
1st Line			
	AproDerm ointment	Pack Sizes	50 g, 500 g
	ZeroDerm ointment	Pack Sizes	125 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	Cetraben ointment	Pack Size	450 g
<u>Gels:</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
<u>Creams:</u>			
1st Line		Pack Sizes	
	AproDerm emollient cream	Pack Sizes	50 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
<u>Colloidal Oatmeal Creams:</u>			
1st Line	Epimax oatmeal cream	Pack Sizes	100 g, 500 g
	AproDerm Colloidal Oat cream	Pack Sizes	100 g, 500 g
	Zeroveen cream	Pack Sizes	100 g, 500 g
<u>Urea 5 % Creams:</u>			
	imuDERM emollient (urea 5%)	Pack Size	500 g
<u>Lotions:</u>			
	QV 5% skin lotion	Pack Size	500 ml
	Cetraben lotion	Pack Sizes	200 ml, 500 ml
<u>Emollient bath and shower additives:</u>			
	QV Gentle wash (as a soap substitute)	Pack Size	500 ml
	Hydromol Bath and Shower emollient	Pack Size	500 ml

NHS Highland			
<u>Emollients:</u>			
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Hydromol ointment	Pack Sizes	125 g, 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g
	Dermol 500 lotion	Pack Size	500 ml
<u>Emollient bath and shower additives:</u>			
	Balneum 84.75% bath oil	Pack Sizes	500 ml
	Emulsiderm emollient	Pack Size	300 ml
	Oilatum emollient	Pack Sizes	500 ml
	Oilatum Junior bath additive	Pack Size	150 ml, 300 ml, 600 ml
<u>Bath/shower preparations with antimicrobials</u>			
	Dermol 200 shower emollient	Pack Size	200 ml

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<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g

NHS Lanarkshire			
West of Scotland Formulary			
(NHS Ayrshire & Arran, Dumfries & Galloway, Forth Valley, Greater Glasgow & Clyde, Lanarkshire)			
<u>Emollients - creams:</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream		50 g, 500 g
	Cetraben cream		50 g, 500 g
	QV cream	Pack Sizes	100 g, 500 g
Emollients – gels:			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
	ZeroDouble Gel	Pack Sizes	100 g, 500 g
<u>Emollients – ointments:</u>			
1 st Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250, 500 g
1 st Line	Zeroderm ointment	Pack Size	125 g, 500 g
2 nd Line	Hydromol ointment	Pack Size	125 g, 500 g

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below:

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g, 500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g

NHS Lothian			
East Region Formulary (NHS Borders, Fife and Lothian)			
<u>Emollients (light weight):</u>			
1st Line	Zerobase 11% cream	Pack Sizes	50 g, 500 g
2nd Line	Oilatum cream	Pack Sizes	150 g, 500 ml
2nd Line	Cetraben cream	Pack Sizes	50 g, 150 g, 500 g, 1050 g
2nd Line	QV cream	Pack Size	500 g
2nd Line	Zerodouble gel	Pack Sizes	100 g, 500 g
2nd Line	Zeroveen cream	Pack Sizes	100 g, 500 g
<u>Emollients (heavy weight):</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	250 g
2nd Line	Emulsifying ointment	Pack Size	500 g
<u>Emollient bath and shower additives:</u>			
1st Line	Hydromol ointment	Pack Sizes	125 g, 500 g
2nd Line	Emulsifying ointment	Pack Size	500 g
<u>Bath/shower preparations with antimicrobials:</u>			
3rd Line	Dermol 500 lotion	Pack Size	500 ml

* The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	250 g

NHS Orkney			
<u>Emollients:</u>			
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Shetland			
<u>Emollients:</u>			
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

NHS Tayside			
<u>Emollients:</u>			
<u>Ointments:</u>			
	AproDerm ointment	Pack Sizes	50 g, 500 g
	Epimax ointment	Pack Sizes	125 g, 500 g
	White soft paraffin 50% / Liquid paraffin 50% ointment*	Pack Size	500 g
<u>Creams</u>			
	Epimax original cream	Pack Sizes	100 g, 500 g
	Zerobase 11% cream	Pack Sizes	50 g, 500 g
<u>Gel</u>			
	Epimax isomol gel	Pack Sizes	100 g, 500 g
<u>Soap substitute:</u>			
	QV Gentle wash	Pack Size	500 ml

*The following White Soft Paraffin/Liquid Paraffin 50%/50% are reimbursable as per Part 2 of the Scottish Drug Tariff-please prescribe by brand from below

<u>White Soft Paraffin/Liquid Paraffin 50%/50% Reimbursable Items as per Part 2 of the Scottish Drug Tariff</u>			
	Fifty:50 ointment	Pack Sizes	500 g
	KreaMoint 50:50 Ointment	Pack Sizes	500 g
	Pure Health Liquid Paraffin 50% in White Soft Paraffin ointment	Pack Size	500 g

NHS Western Isles

Emollients:

	Dermol 500 lotion	Pack Sizes	500 ml
	Hydromol ointment	Pack Sizes	125 g, 500 g
	Zerobase cream	Pack Sizes	50 g, 500 g
	Zeroderm ointment	Pack Sizes	125 g, 500 g
	Zerodouble gel	Pack Sizes	100 g, 500 g

10. Skin (cont.)			
10.2 Nappy Rash			
	Conotrane cream	Pack Sizes	500 g
	Sudocrem antiseptic healing cream	Pack Sizes	125 g, 250 g, 400 g
10.3 Allergy/Itch			
	Aqueous Calamine cream	Pack Size	100 g
	Clobetasone 0.05% cream	Pack Size	15 g
	Crotamiton 10% cream	Pack Sizes	30 g, 100 g
	Hydrocortisone 1% cream	Pack Size	15 g
	Hydrocortisone 1% cream (POM – PGD only)	Pack Size	15 g, 30 g
	Hydrocortisone 1% ointment (POM – PGD only)	Pack Size	15 g, 30 g
	AquaSoothe 1% cream	Pack Size	100 g
	Cetirizine 10 mg tablets	Pack Size	30
	Cetirizine 1 mg/ ml oral solution sugar free	Pack Size	70 ml, 200 ml
	Chlorphenamine 4 mg tablets	Pack Size	28, 30
	Chlorphenamine 2mg/5ml oral solution	Pack Size	150 ml
	Chlorphenamine 2mg/5ml oral solution sugar free	Pack Size	150 ml
	Loratadine 10 mg tablets	Pack Size	30
	Loratadine 5 mg/5 ml oral solution	Pack Size	100 ml
10.4 Acne			
	Acnecide 5% gel	Pack Size	30 g
10.5 Scalp Disorders			
	Capasal Therapeutic shampoo	Pack Size	250 ml
	Ketoconazole shampoo 2%	Pack Sizes	60 ml, 100 ml
	Sebco ointment	Pack Sizes	40 g, 100 g
10.6 Boils			
	Magnesium sulfate paste BP	Pack Sizes	50 g

11. Dressings and Appliances

11.1 Dressings

	Clinipore tape 2.5 cm x 5 m (Clinisupplies Ltd)	Pack Size	1
	Melolin 10 cm x 10 cm (Smith & Nephew Healthcare Ltd)	Pack Size	1, 100
	Melolin 5 cm x 5 cm (Smith & Nephew Healthcare Ltd)	Pack Size	1, 100
	Mepore dressing 10 cm x 11 cm (Molnlycke Health Care Ltd)	Pack Size	1, 40
	Mepore dressing 7 cm x 8 cm (Molnlycke Health Care Ltd)	Pack Size	1, 55
	Micropore tape 2.5 cm x 5 m (3M Health Care Ltd)	Pack Size	1
	365 Non Woven Island dressing 10 cm x 10 cm (Mediq Healthcare UK Ltd)	Pack Size	1, 50
	365 Non Woven Island dressing 6 cm x 8 cm (Mediq Healthcare UK Ltd)	Pack Size	1, 60
	365 Non Adherent dressing 5cm x 5cm (Mediq Healthcare UK Ltd)	Pack Size	1, 100
	365 Non Adherent dressing 10cm x 10cm (Mediq Healthcare UK Ltd)	Pack Size	1, 50
	365 Film dressing 10cm x 12cm (Mediq Healthcare UK Ltd)	Pack Size	1, 50
	365 Film dressing 6cm x 7cm (Mediq Healthcare UK Ltd)	Pack Size	1, 100
	Tubigrip bandage 6.25cm size B (Molnlycke Health Care Ltd) 1 m	Pack Size	1
	Tubigrip bandage 6.75cm size C (Molnlycke Health Care Ltd) 1 m	Pack Size	1
	Tubigrip bandage 7.5cm size D (Molnlycke Health Care Ltd) 1 m	Pack Size	1
	Tubigrip bandage 8.75cm size E (Molnlycke Health Care Ltd) 1 m	Pack Size	1
	Tubigrip bandage 10cm size F (Molnlycke Health Care Ltd) 1 m	Pack Size	1
	Tubigrip bandage 12cm size G (Molnlycke Health Care Ltd) 1 m	Pack Size	1

APPENDIX 1

Rationale for ADTCC decisions on proposed amendments to the Approved List

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Hydrocortisone muco-adhesive 2.5 mg buccal tablets sugar free	Mouth	Oral ulceration and inflammation	12	Removal from list	Removal from list	Product discontinued. Removed from the Approved List in September 2026.
Iglu sugar free mouth ulcer and gum pastilles	Mouth	Oral ulceration and inflammation	12	Addition to list in replacement of hydrocortisone muco-adhesive 2.5 mg buccal tablets sugar free	No change	Limited evidence base. Not therapeutically equivalent to removed product. Other alternatives available on the Approved List.
Mebendazole 100 mg tablets – 4 pack	Infections	Threadworm	8	Addition to list	No change	Whilst addition of a 4-pack is a pragmatic suggestion, concerns were raised about the risk of poor record keeping. Maintaining individual treatment records supports good governance and allows accurate service activity monitoring. Further consideration of ways to ensure an individual record is made for the issue of a dose for each person is required.
Naproxen 250 mg tablets	Central Nervous System	Analgesics and antipyretics	7	Addition to list	No change	No clear clinical gap has been identified. Existing Pharmacy First analgesic options already provide effective management for common pain presentations. Naproxen may increase gastrointestinal, renal and cardiovascular risk considerations without demonstrating a significant additional patient benefit within the service.
Epimax eye ointment	Skin	Eczema and Allergy	12	Addition to list	No change	Other alternative products are available on the Approved List.

Product	Section	Subsection	Page	Proposed amendment	Agreed Amendment	Rationale
Omeprazole 20 mg tablets / Esomeprazole 20 mg capsules	Gastrointestinal	Dyspepsia and Gastro-oesophageal reflux	6	Addition to list	No change	Addition of OTC product not supported. Development of PGD(s) for PPI for short term use has some support in principle by ADTCC. Given increasing numbers of Independent Prescribers, further discussion with stakeholders is required to determine priority and details of which product/potential timescales.
Infacol	Gastrointestinal	-	-	Addition to list	No change	Infantile colic is generally self-limiting and evidence supporting simethicone preparations remains limited and inconsistent. The product was previously removed, and no substantial new evidence has been presented to justify reintroduction.
Xailin Plus or Xailin Tears	Eye	Management of Dry Eye	11	Addition to list	No change	Previous discussions on addition of eye products - should only allow mild dry eye products on PFS. Moderate to severe dry eye should be managed by referral to optometry. Carbomer gel remains on the Approved List and is a preservative free product.