



Dear Colleague

## **ADDITIONAL PHARMACEUTICAL SERVICES GLUTEN FREE FOOD PRESCRIBABLE PRODUCT LIST**

### **Summary**

1. This Circular advises that the Gluten Free Food Prescribable Product List to be used in conjunction with the community pharmacy Gluten Free Food Service (GFFS) has been updated.

### **Background**

2. Circular [PCA\(P\)\(2013\)29](#), published on 28 November 2013, announced the introduction of the new Gluten Free Food Service in community pharmacies on a trial basis. In September 2015, Circular [PCA\(P\)\(2015\)24](#) advised that following a review of the trial period, the service was to continue as an Additional Pharmaceutical Service.

3. Only products which are listed in the Gluten Free Food Prescribable Product List and on the formulary established by the NHS Board concerned may be provided under this service.

### **Detail**

4. The Gluten Free Prescribable Product List has been updated with effect from 1 September 2017 to take account of new products and discontinued lines in the past year. The list is consistent with the Advisory Committee on Borderline Substances (ACBS) advice. The updated list is attached as an Annex to this Circular.

5. Community Pharmacy Scotland has been consulted on the contents on this Circular.

6 September 2017

### **Addresses**

#### For action

Chief Executives, NHS Boards

#### For information

Chief Executive, NHS NSS  
Directors of Pharmacy, NHS  
Boards

### **Enquiries to:**

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**Action**

6. NHS Boards are to review their formularies for the GFFS and update them as necessary.
7. Community pharmacy contractors are to ensure that any products provided under the GFFS are included in the revised list and their Board's own formulary.

Yours sincerely

A handwritten signature in black ink, reading 'Rose Marie Parr'. The signature is written in a cursive style with a large initial 'R'.

**Rose Marie Parr**

Chief Pharmaceutical Officer/  
Deputy Director Pharmacy & Medicines Division

## Gluten Free Food Prescribable Product List

### September 2017

This guideline is updated annually. Every effort is made to ensure its accuracy for both products and delivery costs. However, some products may not be included as they may not have been available in time for the update. Available online:  
[www.show.scot.nhs.uk/publications/](http://www.show.scot.nhs.uk/publications/)

### What products to prescribe and at what quantity

**ACBS indications for gluten free foods: established gluten-sensitive enteropathies including steatorrhoea due to gluten sensitivity, coeliac disease and dermatitis herpetiformis.**

**ACBS indications for gluten & wheat free foods: established gluten-sensitive enteropathies with coexisting wheat sensitivity only. These products are highlighted with a square ■.**

**There is useful guidance on the Coeliac UK website.**

[Coeliac UK Prescribing Guidelines September 2013](#)

Age and sex	Number of units/month
Child 1-3 years	10
Child 4-6 years	11
Child 7-10 years	13
Child 11-14 years	15
Child 15-18 years	18
Male 19-59 years	18
Male 60-74 years	16
Male 75+ years	14
Female 19-74 years	14
Female 75+ years	12
Breastfeeding	Add 4
3 <sup>rd</sup> trimester pregnancy	Add 1

Below is the number of units represented by the prescribable gluten free food item.

Prescribable food item	No. of units
<400g bread	½
400-599g bread	1
600g + bread	1 ½
500g bread mix or flour mix	2
150-250g rolls/baguettes	½
251-400g rolls/ baguettes	1
<199g savoury biscuits/crackers	½
200g + savoury biscuits/crackers	1
250g pasta	1
251-499g pasta	1 ½
500g+	2
2 x 110g -180g pizza bases	1
100-170g xanthan gum	1
500g oats Or 300g cereal	1½

In line with Coeliac UK guidance 2013, Sweet biscuits should only be considered in exceptional circumstances on clinical advice.

Prescribable food item	No. of units
<199g sweet biscuits	½
200g+ sweet biscuits	1

## Gluten Free Prescribable Product List

Products highlighted with a ■ are prescribable for those with coexisting wheat sensitivity only. Delivery dates to the Community Pharmacies for fresh products and delivery costs are correct as of September 2017. This list is intended as a reference document. While X Health Board endeavours to ensure that the information in this list is correct, X Health Board does not warrant the accuracy and completeness of the material in the list.

ITEM	CODE	NO OF UNITS
<b>BREAD &amp; ROLLS</b>		
<b>BARKAT</b>		
Brown Rice Sliced Bread 500g	(PIP Code: 244-0691)	1
Home Fresh Par-baked Baguettes 200g	(PIP Code: 327-9023)	½
Home Fresh Par-baked Country Loaf 250g	(PIP Code: 327-1186)	½
Multigrain Rice Sliced Bread 500g	(PIP Code: 291-2871)	1
Par-baked Baguettes 200g	(PIP Code: 339-4970)	½
Par-baked White Sliced Bread 300g	(PIP Code: 339-4996)	½
White Rice Sliced Bread 500g	(PIP Code: 244-0709)	1
Wholemeal Sliced Bread 500g	(PIP Code: 339-4889)	1
Home Fresh par-baked Bread Rolls (6 pack) 260g	(PIP Code: 325-4679)	1
Par-baked Rolls (2 pack) 200g	(PIP Code: 339-4988)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>ENER-G</b>		
Brown Rice Sliced Bread 474g	(PIP Code: 221-2470)	1
Rice Loaf – Yeast Free Sliced 612g	(PIP Code: 233-5362)	1 ½
Seattle Brown Loaf Sliced 454g	(PIP Code: 288-1324)	1
Tapioca Bread Sliced 480g	(PIP Code: 233-5370)	1
White Rice Bread Sliced 456g	(PIP Code: 225-9455)	1
Dinner Rolls (6 pack) 280g	(PIP Code: 317-5502)	1
ENER-G can be ordered directly from General Dietary Ltd in individual units but may incur a delivery charge. See contact details. Can be ordered via Alliance, AAH, Phoenix, Sangers, Quantum. Additional charges may apply for highlands and islands. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>• Orders up to £10 = £4.50</li> <li>• Orders £10 - £20 = £6.50</li> <li>• Orders £20 - £35 = £8.00,</li> <li>• Orders £35 + free delivery</li> </ul>		
<b>GENIUS – All Breads are Fresh</b>		
Soft Brown Sandwich Loaf Sliced 535g x6	(PIP Code 379-8550)	6
Soft White Sandwich Loaf Sliced 535g x6	(PIP Code 379-8568)	6
Seeded Brown Farmhouse Loaf Sliced 535g x 6	(PIP Code 403-8345)	6
Delivery costs to pharmacies: Genius products are distributed by Alliance without any administrative or delivery charges. See contact details. The pharmacy needs to place orders as follows:		
<ul style="list-style-type: none"> <li>• Before 2.00 pm Mondays – for delivery on Thursday</li> <li>• Before 2.00 pm Tuesdays – for delivery on Friday</li> <li>• Before 2.00pm Wednesdays – for delivery on Tuesday</li> <li>• Before 2.00 pm Thursdays – for delivery on Tuesday</li> <li>• Before 9.00 pm Saturdays and Sundays – for delivery on Wednesday</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>GLUTAFIN</b>		
Gluten Free Part Baked Baguettes (2 pack) 350g	(PIP Code: 224-0117)	1
Gluten Free Fibre Loaf – Sliced 300g	(PIP Code: 237-7356)	½
Gluten Free White Loaf – Sliced 300g	(PIP Code: 090-4268)	½
Gluten Free High Fibre Loaf – Sliced 350g	(PIP Code: 401-4296)	½
Gluten Free Part Baked Fibre Rolls (4 pack) 200g	(PIP Code: 344-3652)	½
Gluten Free White Rolls (4 pack) 200g	(PIP Code: 344-3645)	½
Gluten Free Select Fibre Loaf – Sliced 400g	(PIP Code: 054-6101)	1
Gluten Free Select Fresh Brown Loaf Sliced 400g x8	(PIP Code: 330-6800)	8
Gluten Free Select Fresh White Loaf Sliced 400g x8	(PIP Code: 290-6840)	8
Gluten Free Select Seeded Loaf – Sliced 400g	(PIP Code: 308-9364)	1
Gluten Free Select White Loaf – Sliced 400g	(PIP Code: 054-6093)	1
Gluten Free Select Fresh Seeded Loaf – Sliced 400g x8	(PIP Code: 402-3685)	8
Gluten Free Part-Baked Long White Rolls (2 pack) 150g	(PIP Code: 344-3637)	½
Gluten Free Part-Baked White Rolls (4 pack) 200g	(PIP Code: 344-2753)	½
<p>Glutafin are Dr Schar products. See contact details.</p> <p>Glutafin products are distributed by Alliance without any administrative or delivery charges.</p> <ul style="list-style-type: none"> <li>Fresh Loaves are supplied in cases of 8</li> <li>Delivery of fresh brown, seeded and white bread- place the order before 2pm on Friday for delivery the following Wednesday</li> <li>Delivery of fresh white bread only - place the order before 10am on Tuesday to be delivered the following Friday</li> </ul>		
<b>JUST – All Breads are Fresh</b>		
Just: Gluten-Free Good White bread 380g x6	(PIP Code: 845-3821)	3
Just: White Sandwich Bread 600g x6	(PIP Code: 845-3813)	9
Just: Gluten-Free Good White rolls 260g (4x 65g) x6	(PIP Code: 845-3839)	6
<p>Delivery costs to pharmacies: Just products are delivered distributed by Alliance without any administrative or delivery charges. See contact details.</p> <ul style="list-style-type: none"> <li>Fresh Loaves and Rolls are supplied in cases of 6</li> <li>Delivery cost is included in the cost of each case</li> <li>Minimum order is one case per delivery</li> <li>Place order on Thursday and Friday for delivery on Monday ( except bank holidays)</li> <li>Place order on Sunday for delivery on Wednesday</li> <li>Place order on Monday for delivery on Thursday</li> <li>Place order on Tuesday and Wednesday for delivery on Friday</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>JUELA</b>		
Gluten Free Fibre Loaf – Sliced 400g	(PIP Code: 074-8632)	1
Gluten Free Fibre Loaf – Unsliced 400g	(PIP Code: 010-1675)	1
Gluten Free White Loaf – Sliced 400g	(PIP Code: 074-8590)	1
Gluten Free White Loaf – Unsliced 400g	(PIP Code: 031-4781)	1
Gluten Free Part-baked Fibre Loaf unsliced 400g	(PIP Code: 273-6890)	1
Gluten Free Part-baked White Loaf unsliced 400g	(PIP Code: 273-6882)	1
Gluten Free Fibre Rolls (5 pack - each roll 85g) 425g	(PIP Code: 080-3668)	1
Gluten Free Fresh Fibre Loaf - Sliced 400g x8	(PIP Code: 339-9789)	8
Gluten Free Fresh White Loaf – Sliced 400g x8	(PIP Code: 322-0217)	8
Fresh White Rolls (5 pack - each roll 85g) 425g x8	(PIP Code 355-8871)	8
Fresh Fibre Rolls (5 pack - each roll 85g) 425g x8	(PIP Code 355-6800)	8
Part-baked Fibre Rolls (5 pack - each roll 75g) 375g	(PIP Code: 262-9020)	1
Part-baked White Rolls (5 pack - each roll 75g) 375g	(PIP Code: 243-7267)	1
White Rolls (5 pack - each roll 85g) 425g	(PIP Code: 010-5916)	1
Mixed Case Fresh White (20x85g rolls + 4x400g loaves sliced)	(PIP Code: 836-4259)	8
Mixed Case Fresh Fibre (20x85g rolls + 4x400g loaves sliced)	(PIP Code: 836-4242)	8
Mixed Case Fresh Loaves (4x400g fibre + 4x400g white)	(PIP Code: 839-2821)	8
Mixed Case Fresh Rolls (20x85g rolls fibre + 20x85g rolls white)	(PIP Code: 839-2839)	8
Mixed Case Fresh Loaves and Rolls (20x85g fibre rolls + 4x400g white loaves)	(PIP Code: 839-2847)	8
Mixed Case Fresh Loaves and Rolls (20x85g white rolls + 4x400g fibre loaves)	(PIP Code: 839-2730)	8
<p>Delivery costs to pharmacies: Juvela products are distributed by Alliance without any administrative or delivery charges. See contact details. Both Fresh Loaves and Rolls are supplied in cases of 8. Mixed cases are also available. You can also order any combination of both fresh bread &amp; rolls i.e. 4 packs fresh fibre rolls &amp; 4 packs of fresh white loaves (use PIP code for individual product).</p> <p>All combinations of loaves and rolls are delivered to the pharmacy 4 times a week</p> <ul style="list-style-type: none"> <li>• Place order before 10am on Friday – delivered to the pharmacy by 5.30pm on Tuesday</li> <li>• Place order before 10am on Monday – delivered to the pharmacy by 5.30pm on Wednesday</li> <li>• Place order before 10am on Tuesday – delivered to the pharmacy by 5.30pm on Thursday</li> <li>• Place order before 10am on Wednesday – delivered to the pharmacy by 5.30pm on Friday</li> </ul>		
<b>LIFESTYLE HEALTHCARE</b>		
Fresh Brown Bread Sliced 400g x8	(PIP Code: 087-6557)	8
Fresh Brown Bread Unsliced 400g x8	(PIP Code: 087-6698)	8
Fresh High Fibre Sliced 400g x8	(PIP Code: 229-4254)	8
Fresh High Fibre Unsliced 400g x8	(PIP Code: 213-2959)	8
Fresh White Bread Sliced 400g x8	(PIP Code: 087-6490)	8
Fresh White Bread Unsliced 400g x8	(PIP Code: 087-6516)	8
Fresh High Fibre Rolls (5 pack - each roll 80g) 400g x8	(PIP Code: 224-0125)	8
Fresh Rolls - Brown (5 pack - each roll 80g) 400g x8	(PIP Code: 264-1322)	8
Fresh Rolls - White (5 pack - each roll 80g) 400g x8	(PIP Code: 087-6706)	8
<p>Lifestyle Healthcare products are distributed by Alliance See contact details.</p> <p>Delivery costs to pharmacies: No handling charges apply. Ordered by Friday, produced on Sunday and delivered Tuesdays, order by Tuesday to be delivered on Thursdays.</p>		

ITEM	CODE	NO OF UNITS
<b>PROCELI</b>		
Part Baked Baguettes (Crusty) (2 pack x 125g) 250g	(PIP Code: 328-2803)	½
Proceli products are distributed by Ambe Medical group. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Order value £75 or more will no incur delivery charge</li> <li>• Order value less than £75 incurs a £15 delivery charge</li> <li>• Next day delivery if ordered before 1pm</li> </ul>		
<b>WARBURTONS – All Breads are Fresh</b>		
Gluten Free Sliced Brown Bread 400g x4	(PIP Code: 368-5278)	4
Gluten Free Sliced White Bread 400g x4	(PIP Code: 368-5260)	4
Gluten Free Sliced Seeded Bread 400g x4	(PIP Code: 401-8867)	4
Gluten Free Brown Rolls (3 rolls per pack) 220g x4	(PIP Code: 368-5294)	2
Gluten Free White Rolls (3 rolls per pack) 220g x4	(PIP Code: 368-5286)	2
Gluten Free White Baguette (2 pack x 80g) 160g x4	(PIP Code: 381-3805)	2
Gluten Free White Thin Rolls (4 pack x 43g) 172g x 4	(PIP Code: 391-4496)	2
Gluten Free Seeded Thin Rolls (4 pack x 43g) 172g x 4	(PIP Code: 402-3511)	2
Do not deliver directly. Delivery costs to pharmacies: No handling or distribution costs apply if ordered through AAH or from Phoenix. See contact details. <ul style="list-style-type: none"> <li>• Both Fresh Loaves and Rolls are supplied in minimum cases of 4.</li> <li>• Products ordered by 5pm on Fridays are delivered to pharmacies on Tuesdays when ordering via AAH.</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>HOME BAKING</b>		
<b>BARKAT</b>		
Bread Mix 500g	(PIP Code: 051-5338)	2
Flour Mix 500g	(PIP Code: 335-6672)	2
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>FINAX</b>		
Coarse Flour Mix 3 x 900g	(PIP Code:364-1024)	11
Fibre Bread Mix 3 x 1kg	(PIP Code:359-4942)	12
Flour Mix 3 x 900g	(PIP Code:364-1032)	11
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details. <ul style="list-style-type: none"> <li>• Drug Tariff price includes delivery. No additional delivery charges inc highlands and islands</li> <li>• Drossa can supply mixed flour &amp; pasta products, minimum order is 3 x flour items at 1 time (2.7kg) 12 units</li> <li>• Happy to accept 'mixed outliers' at Drug Tariff prices</li> <li>• Aim to send out orders the first working day following receipt via UPS (courier)</li> </ul>		
<b>GLUTAFIN</b>		
Gluten Free Bread Mix 500g	(PIP Code: 298-8418) ■	2
Gluten Free Fibre Bread Mix 500g	(PIP Code: 298-8426) ■	2
Gluten Free Multipurpose White Mix 500g	(PIP Code: 231-2981)	2
Gluten Free Multipurpose Fibre Mix 500g	(PIP Code: 231-2973)	2
Gluten Free Select Bread Mix 500g	(PIP Code: 274-4951)	2
Gluten Free Select Fibre Bread Mix 500g	(PIP Code: 297-9912)	2
Gluten Free Select Multipurpose Fibre Mix 500g	(PIP Code: 004-5591)	2
Gluten Free Select Multipurpose White Mix 500g	(PIP Code: 004-5187)	2
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>GLUTENEX</b>		
Gluten Free White Bread Mix 500g	(PIP Code: 395-1456)	2
Glutanex is a division of Feed Me Right Ltd - See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutanex is distributed by AAH with no additional delivery charges</li> </ul>		
<b>HERON FOODS</b>		
Gluten Free Wheat Free Bread & Cake Mix 500g	(PIP Code: 299-6437) ■	2
Gluten Free Wheat Free High Fibre Bread Mix 500g	(PIP Code: 299-6445) ■	2
Heron Foods are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH and Alliance with no associated delivery costs. Not every wholesaler will stock full range.		
<b>INNOVATIVE SOLUTIONS</b>		
Pure Brown Rice Flour 500g	(PIP Code: 325-7912)	2
Pure Gluten Free Blended Flour 1kg	(PIP Code: 282-8580)	4
Pure Potato Starch (Flour) 500g	(PIP Code: 325-7920)	2
Pure Tapioca Starch (Flour) 500g	(PIP Code: 325-7946)	2
Pure Brown Teff Flour 1kg	(PIP Code: 343-1467)	4
Pure White Teff Flour 1kg	(PIP Code: 343-1483)	4
Pure White Rice Flour 500g	(PIP Code: 325-7904)	2
Delivery costs to pharmacies: Pure products. See contact details. <ul style="list-style-type: none"> <li>• Order up to 500g = £4.02, Order 501g – 5kg = £7.80, Order 5.01kg – 10kg = £8.52</li> <li>• Order 10.01kg – 25kg = £13.56, Order 25.01 kg and over = £15.60</li> <li>• AAH and Alliance stock and distribute</li> </ul>		



ITEM	CODE	NO OF UNITS
<b>JUELA</b>		
Fibre Mix 500g	(PIP Code: 023-6042)	2
Harvest White Mix 500g	(PIP Code: 247-7875)	2
White Mix 500g	(PIP Code: 035-2161)	2
See contact details. Delivery costs to pharmacies: All products are routinely stocked.		
<ul style="list-style-type: none"> <li>Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		
<b>MUM'S MILL</b>		
Quick Bread Mix 1kg	(PIP Code:399-0116)	4
Delivery costs to pharmacies: Bialimenta, Finax and Mum's Mill products can be obtained by ordering from Drossa Limited. See contact details.		
<ul style="list-style-type: none"> <li>Drug Tariff price includes delivery. No additional delivery charges inc highlands and islands</li> <li>Drossa can supply mixed flour &amp; pasta products, minimum order is 3 x flour items at 1 time (2.7kg) 12 units</li> <li>Happy to accept 'mixed outers' at Drug Tariff prices</li> </ul>		
Aim to send out orders the first working day following receipt via UPS (courier)		
<b>ORGRAN</b>		
Easy Bake Bread Mix 450g	(PIP Code: 273-4796)	2
Pizza & Pastry Mix 375g	(PIP Code: 270-7735)	1 ½
Self Raising Flour 500g	(PIP Code: 273-4762)	2
Orgran products are distributed by Naturally Good Foods. Delivery fees apply if ordered directly from Naturally Good Foods. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>Delivery costs to pharmacies: Order up to 499g = £3.15, Order 500g – 600g = £4.15,</li> <li>Order 601g to 900g = £5.35, Order 901g – 1000g = £6.25, Order &gt;1000g = £7.50, Order &gt;100g 24hour = £9.00</li> <li>Orders over £40 in value and under 28kg in weight are free of postage charges</li> <li>No minimum order</li> <li>Normally delivered within 3 working days</li> <li>Delivery costs dependant on individual wholesaler. AAH (SR flour and bread mix), Phoenix (all prescribable range) and Alliance (all prescribable range)</li> <li>Orders to Zone 2 Scottish Highlands and Islands Post Codes IV, HS, KA27-28, KW, PA20-49, PA60-78, PH17-26, PH30-44, PH49-50, ZE &gt;1000g incurs a £12.50 delivery fee</li> </ul>		
<b>PROCELI</b>		
Plain White Flour 1kg	(PIP Code: 328-4577)	4
Proceli products are distributed by Ambe Medical group. See contact details.		
Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>Order value £75 or more will no incur delivery charge</li> <li>Order value less than £75 incurs a £15 delivery charge</li> </ul>		
Next day delivery if ordered before 1pm		
<b>TOBIA TEFF</b>		
Brown Teff Flour 1kg	(PIP Code: 346-6729)	4
White Teff Flour 1kg	(PIP Code: 346-6711)	4
Delivered directly from the company by Parcel Force. See contact details.		
Delivery costs to pharmacies: 1-2kg £4.00, 2kg – 5kg £5.90, 6kg -30 kg £6.20		
Deliveries take 48 -72 hours		
Also available through Quantum Pharmaceuticals, Phoenix, Waymade Healthcare		
<b>TRITAMYL</b>		
Flour Mix 2kg	(PIP Code: 228-0675)	8
White Bread Mix 2kg	(PIP Code: 228- 0667)	8
Brown Bread Mix 1kg	(PIP Code: 228-0659)	4
Tritamyl products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details.		
Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		

ITEM	CODE	NO OF UNITS
<b>PIZZA BASES</b>		
<b>BARKAT</b>		
Brown Rice Pizza Crust 150g	(PIP Code: 259-2566)	½
White Rice Pizza Crust 150g	(PIP Code: 259-3051)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>GLUTAFIN</b>		
Gluten Free Pizza Bases (2 pack) 300g	(PIP Code: 334-1112)	1
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUELA</b>		
Pizza Bases (2 pack) 360g	(PIP Code: 265-4390)	1
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> <li>Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		
<b>PROCELI</b>		
Pizza Bases (2 pack) 250g	(PIP Code: 309-8357)	1
Proceli products are distributed by Ambe Medical group. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Order value £75 or more will no incur delivery charge</li> <li>Order value less than £75 incurs a £15 delivery charge</li> </ul> Next day delivery if ordered before 1pm		

ITEM	CODE	NO OF UNITS
<b>PASTA</b>		
<b>BARKAT</b>		
Animal Shapes Pasta 500g	(PIP Code: 339-4913)	2
Macaroni 500g	(PIP Code: 339-4921)	2
Spaghetti 500g	(PIP Code: 339-4947)	2
Spirals 500g	(PIP Code: 339-4939)	2
Shells 500g	(PIP Code: 392-6763)	2
Lasagne 250g	(PIP Code: 394-1937)	1
Gnocchi 250g	(PIP Code: 399-1577)	1
Alphabet Shapes Pasta 500g	(PIP Code: 339-4962)	2
Buckwheat Pasta Penne 250g	(PIP Code: 232-3319)	1
Buckwheat Pasta Spirals 250g	(PIP Code: 232-2873)	1
Short-Cut Tagliatelle 500g	(PIP Code: 339-4954)	2
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>BIALIMENTA</b>		
Pasta Tubetti 6 x 500g	(PIP Code: 351-1979)	12
Potato Pasta Gnocchi 6 x 500g	(PIP Code: 351-1961)	12
Potato Pasta Perle di Gnocchi 6 x 500g	(PIP Code: 351-1987)	12
Pasta Spirali (Spirals) 6x 500g	(PIP Code: 364-1073)	12
Pasta Penne 6 x 500g	(PIP Code: 364-1040)	12
Pasta Sagnette 6 x 500g	(PIP Code: 364-1065)	12
Acini di Pepe (Pasta Grains) 6 x 500g	(PIP Code: 364-1057)	12
Pasta Formatimisti (Variety pack of 4 shapes) 6 x 500g	(PIP Code: 364-1438)	12
Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Bialimenta and Finax products can be obtained by ordering from Drossa Limited. Drug Tariff price includes delivery. See contact details. No additional delivery charges inc highlands and islands</li> <li>Drossa can supply mixed flour and pasta products but minimum order is 6 x pasta items at 1 time (2.7kg) 12 units.</li> <li>Happy to accept 'mixed outers' at Drug Tariff prices</li> <li>Aim to send out orders the first working day following receipt via UPS (courier)</li> </ul>		
<b>GLUTAFIN</b>		
Pasta Shells (Conchiglie) 500g	(PIP Code: 250-0676)	2
Fusilli (Spirals) 500g	(PIP Code: 211-5178)	2
Fibre Fusilli (Spirals) 500g	(PIP Code: 386-2646)	2
Penne 500g	(PIP Code: 211-5152)	2
Spaghetti 500g	(PIP Code: 211-5160)	2
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUELA</b>		
Fibre Penne 500g	(PIP Code: 332-8010)	2
Fusilli (spirals) 500g	(PIP Code: 280-7980)	2
Lasagne Sheets 250g	(PIP Code: 280-7972)	1
Macaroni 500g	(PIP Code: 280-8004)	2
Spaghetti 500g	(PIP Code: 280-7998)	2
Tagliatelle 250g	(PIP Code: 319-3497)	1
See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>ORGRAN</b>		
Buckwheat Spiral Pasta 250g	(PIP Code: 288-1423)	1
Corn Spirals 250g	(PIP Code: 209-7590)	1
Rice & Millet Spirals 250g	(PIP Code: 200-4133)	1
Rice Spirals 250g	(PIP Code: 200-4281)	1
Rice & Corn Lasagne 200g	(PIP Code: 270-7701)	1
Rice & Corn Macaroni 250g	(PIP Code: 273-4770)	1
Rice & Corn Spirals 250g	(PIP Code: 270-7669)	1
Orgran products are distributed by Naturally Good Foods. Delivery fees apply if ordered directly from Naturally Good Foods. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>• Delivery costs to pharmacies: Order up to 499g = £3.15, Order 500g – 600g = £4.15, Order 601g to 900g = £5.35, Order 901g – 1000g = £6.25, Order &gt;1000g = £7.50. Order &gt;100g 24hour = £9.00.</li> <li>• Orders over £40 in value and under 28kg in weight are free of postage charges</li> <li>• No minimum order</li> <li>• Normally delivered within 3 working days</li> <li>• Delivery costs as per wholesaler standard cost from AAH (SR flour and bread mix), Phoenix (all prescribable range) and Alliance Health Care (all prescribable range)</li> <li>• Orders to Zone 2 Scottish Highlands and Islands Post Codes IV, HS, KA27-28, KW, PA20-49, PA60-78, PH17-26, PH30-44, PH49-50, ZE &gt;1000g incurs a £12.50 delivery fee.</li> </ul>		
<b>RIZOPIA</b>		
<b>ORGANIC BROWN RICE PASTA</b>		
Fusilli 500g	(PIP Code: 340-0074)	2
Lasagne 375g	(PIP Code: 340-0108)	1½
Penne 500g	(PIP Code: 340-0082)	2
Spaghetti 500g	(PIP Code: 340-0090)	2
Rizopia products are distributed by PGR Health Foods Ltd. See contact details. Delivery costs to pharmacies:		
<ul style="list-style-type: none"> <li>• Rizopia products are distributed by AAH, Alliance, and Phoenix without any administrative or delivery charges</li> <li>• Not every wholesaler will stock full range. Wholesaler may charge for delivery dependant on account status</li> <li>• In most cases, delivered in 24 hours</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>CRACKERS &amp; CRISPBREAD</b>		
<b>BARKAT</b>		
Round Matzo Crackers 200g	(PIP Code: 337-8296)	1
Crackers 200g	(PIP Code: 342-7457)	1
Gluten-free Crispbread 150g	(PIP Code: 341-0420)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>GLUTAFIN</b>		
Crackers 200g	(PIP Code: 009-3302)	1
Crisp Bread 150g	(PIP Code: 338-4443) ■	½
High Fibre Crackers 200g	(PIP Code: 018-7641)	1
Mini Crackers 175g	(PIP Code: 353 5515)	½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUELA</b>		
Crispbread 200g	(PIP Code: 236-6136)	1
Savoury Biscuits 150g	(PIP Code: 310-7893)	½
Crackers (2 x 62.5g)125g	(PIP Code: 337-9576)	½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> <li>Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		
<b>NAIRN'S</b>		
Nairn's Wholegrain Crackers 114g	(PIP Code: 398-7138)	½
See contact details. Delivery costs to pharmacies: Is available through Alliance, AAH, Phoenix.		
<b>WARBURTONS</b>		
Gluten Free Bran Crackers 150g	(PIP Code: 378-4865)	½
Do not deliver directly. Delivery costs to pharmacies: No handling or distribution costs apply if ordered through AAH or from Phoenix. See contact details. <ul style="list-style-type: none"> <li>Both Fresh Loaves and Rolls are supplied in minimum cases of 4.</li> <li>Products ordered by 5pm on Fridays are delivered to pharmacies on Tuesdays when ordering via AAH.</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>BAKING AIDS</b>		
<b>BARKAT</b>		
Xanthan Gum 80g	(PIP Code: 400-8074)	0.5
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>ENER-G</b>		
Xanthan Gum 170g	(PIP Code: 272-4318)	1
ENER-G can be ordered directly from General Dietary Ltd in individual units but may incur a delivery charge. See contact details. Can be orderd via Alliance, AAH, Phoenix, Sangers, Quantum. Additional charges may apply for highlands and islands .Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Orders up to £10 = £4.50</li> <li>• Orders £10 - £20 = £6.50</li> <li>• Orders £20 - £35 = £8.00,</li> <li>• Orders £35 + free delivery</li> </ul>		
<b>INNOVATIVE SOLUTIONS</b>		
Pure Xanthan Gum 100g	(PIP Code: 282-8572)	1
See contact details. Delivery costs to pharmacies: Pure products. <ul style="list-style-type: none"> <li>• Order up to 500g = £4.02, Order 501g – 5kg = £7.80, Order 5.01kg – 10kg = £8.52</li> <li>• Order 10.01kg – 25kg = £13.56, Order 25.01 kg and over = £15.60</li> <li>• AAH and Alliance stock and distribute</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>BREAKFAST CEREAL</b>		
<b>BARKAT</b>		
Gluten-free cornflakes 250g	(PIP Code: 339-4905)	1 ½
Gluten- free porridge 500g	(PIP Code: 260-1888)	1 ½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>GLUTAFIN</b>		
Gluten-free Cornflakes 375g	(PIP Code: 381-3748)	1 ½
Gluten-free fibre flakes 300g	(PIP Code: 401-4288)	1 ½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>NAIRNS</b>		
Gluten Free Porridge Oats 450g	(PIP Code 368-7332)	1 ½
See contact details. Delivery costs to pharmacies: Is available through Alliance, AAH, Phoenix		
<b>JUELA</b>		
Gluten-Free Flakes 300g	(PIP Code 371-1652)	1 ½
Gluten-Free Fibre Flakes 300g	(PIP Code 371-1660)	1 ½
Corn Flakes 375g	(PIP Code 388-2990)	1 ½
Crispy Rice 375g	(PIP Code 388-2982)	1 ½
Pure Oats 500g	(PIP Code 371-1678)	1 ½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> <li>Juvela products are distributed by Alliance without any administrative or delivery charges</li> </ul>		

ITEM	CODE	NO OF UNITS
<b>SWEET BISCUITS</b>		
<b>BARKAT</b>		
Digestive Biscuits 175g	(PIP Code: 340-6030)	½
Barkat products are distributed by Gluten Free Foods Ltd. Delivery fee of £6 only applies if ordering directly from Gluten Free foods. No minimum order. See contact details. Delivery costs to pharmacies: All items are available to order from AAH, Alliance with no associated delivery costs. Not every wholesaler will stock full range. Phoenix may charge for delivery dependant on account status.		
<b>ENER-G</b>		
Vanilla Cookies 435g	(PIP Code: 277-4610)	2
ENER-G can be ordered directly from General Dietary Ltd in individual units but may incur a delivery charge. See contact details. Can be orderd via Alliance, AAH, Phoenix, Sangers, Quantum. Additional charges may apply for highlands and islands .Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Orders up to £10 = £4.50</li> <li>• Orders £10 - £20 = £6.50</li> <li>• Orders £20 - £35 = £8.00,</li> <li>• Orders £35 + free delivery</li> </ul>		
<b>GLUTAFIN</b>		
Digestive Biscuits 150g	(PIP Code: 017-0225)	½
Shortbread Biscuits 100g	(PIP Code: 316-7848)	½
Tea Biscuits 150g	(PIP Code: 018-5868)	½
Glutafin are Dr Schar products. See contact details. Delivery costs to pharmacies: <ul style="list-style-type: none"> <li>• Glutafin products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		
<b>JUELA</b>		
Digestive Biscuits 150g	(PIP Code: 210-0923)	½
Sweet Biscuits 150g	(PIP Code: 276-4959)	½
Tea Biscuits 150g	(PIP Code: 210-0915)	½
See contact details. Delivery costs to pharmacies: All products are routinely stocked. <ul style="list-style-type: none"> <li>• Juvela products are distributed by Alliance without any administrative or delivery charges.</li> </ul>		



# GLUTEN FREEFOOD PRODUCT MANUFACTURERS

## CONTACT DETAILS

<p><b>AMBE MEDICAL GROUP</b>  Ambe House, Commerce Way,  Edenbridge,  Kent,  TN8 6ED  Tel:01732 760 900 / Fax: 01732 760 901  <a href="http://www.ambeonline.co.uk">www.ambeonline.co.uk</a>  Email: <a href="mailto:info@proceli.com">info@proceli.com</a>  <a href="http://www.proceli.com/eng">www.proceli.com/eng</a>  <b>Brands –PROCELI</b></p> <p><b>DROSSA LTD</b>  Tel: 020 3393 0859  Pharmacists go to: <a href="http://www.drossa.ltd.uk">www.drossa.ltd.uk</a>  Consumer / Retail go to <a href="http://www.drossa.co.uk">www.drossa.co.uk</a>  Email: <a href="mailto:enquiries@drossa.co.uk">enquiries@drossa.co.uk</a>  Orders:<a href="mailto:orders@drossa.co.uk">orders@drossa.co.uk</a>  <b>Brands – BIALIMENTA, FINAX, MUM’S MILL</b></p> <p><b>DR. Schär UK LTD</b>  401 Faraday Street,  Birchwood Park,  Warrington, WA3 6GA  Tel: 0800 988 2470  Email: <a href="mailto:glutenfree@glutafin.co.uk">glutenfree@glutafin.co.uk</a>  <a href="http://www.glutafin.co.uk">www.glutafin.co.uk</a>  Tel: ordering 0844 854  4998,<a href="http://www.glutafin.co.uk/healthcare-professionals/glutafin-fresh-bread-ordering/">http://www.glutafin.co.uk/healthcare-professionals/glutafin-fresh-bread-ordering/</a>  <b>Brands- GLUTAFIN</b></p> <p><b>GENERAL DIETARY LTD</b>  Trident Court  Chessington  Surrey KT9 1BD  Tel: 0203 044 2933 (customer support)  Fax: 0203 044 2701  Email: <a href="mailto:info@generaldietary.com">info@generaldietary.com</a>  <a href="http://www.generaldietary.com">www.generaldietary.com</a>  <b>Brands – ENER-G</b></p> <p><b>GENIUS GLUTEN FREE</b>  Genius Foods  22 Northumberland Street South  West Lane  Edinburgh EH3 6JD  Tel: 0800 019 2736  <a href="http://www.geniusglutenfree.com">www.geniusglutenfree.com</a>  <b>Brands – GENIUS, LIVWELL</b></p> <p><b>NATURALLY GOOD FOOD LTD</b>  The Haybarn,  Newnham Ground,  Kings Newnham Lane,  Bretford,  Rugby CV23 0JU  Tel: 02476 541990  mail: <a href="mailto:orders@naturallygoodfood.co.uk">orders@naturallygoodfood.co.uk</a>  <a href="http://www.naturallygoodfood.co.uk">www.naturallygoodfood.co.uk</a>  <b>Brands – ORGRAN</b></p>	<p><b>GLUTEN FREE FOODS LTD</b>  Unit 270 Centennial Park  Centennial Avenue, Elstree  Borehamwood  Hertfordshire WD6 3SS  Tel: 020 8953 4444  Fax: 020 8953 8285  Email: <a href="mailto:info@glutenfree-foods.co.uk">info@glutenfree-foods.co.uk</a>  <a href="http://www.glutenfree-foods.co.uk">www.glutenfree-foods.co.uk</a>  <b>Brands – BARKAT, HERON &amp; TRITAMYL</b></p> <p><b>INNOVATIVE SOLUTIONS UK LTD</b>  Mayfield Centre  Mayfield Street  Rochdale OL16 2UZ  Tel: 01706 746 713 Fax: 01706 341 357  Email: <a href="mailto:info@pureglutenfree.co.uk">info@pureglutenfree.co.uk</a>  <a href="http://www.pureglutenfree.co.uk">www.pureglutenfree.co.uk</a>  <b>Brands – INNOVATIVE SOLUTIONS, PURE</b></p> <p><b>JUST: GLUTEN FREE BAKERY</b>  Block 21 Unit 7  Motherwell Food Park  ML4 3NP  T: 01698 841559  E: <a href="mailto:info@justglutenfree.co.uk">info@justglutenfree.co.uk</a>  <a href="http://www.justglutenfree.co.uk">www.justglutenfree.co.uk</a>  Community pharmacy to order by email using  all of the addresses below:  <a href="mailto:admin@justglutenfree.co.uk">admin@justglutenfree.co.uk</a>  <a href="mailto:kronnie@justglutenfree.co.uk">kronnie@justglutenfree.co.uk</a>  <a href="mailto:ree.co.uk">ree.co.uk</a>  <b>Brands – JUST</b></p> <p><b>HERO UK LTD trading as JUELA</b>  19 De Havilland Drive  Liverpool L24 8RN  Tel: 0800 783 1992  Email: <a href="mailto:info@juvela.co.uk">info@juvela.co.uk</a>  <a href="http://www.juvela.co.uk">www.juvela.co.uk</a>  <b>Brands – JUELA GLUTEN FREE</b></p> <p><b>LIVWELL LTD ( Part of Genius Foods)</b>  1 Main Street  Hull  HU2 0YX  Tel: 0845 874 4000  <a href="http://www.livwellfoods.co.uk">www.livwellfoods.co.uk</a>  <b>Brands – LIVWELL</b></p> <p><b>NAIRNS OATCAKES LTD</b>  90 Peffermill Road  Edinburgh  EH16 5UU  Tel: 0131 620 7000  <a href="http://www.nairns-oatcakes.com">www.nairns-oatcakes.com</a>  <a href="mailto:info@nairns-oatcakes.com">info@nairns-oatcakes.com</a>  <b>Brands - NAIRNS</b></p>
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<p><b>PGR HEALTH FOODS LTD</b>  PO Box 214,  Hertford SG14 2ZX  Tel: 01992 581715  <a href="mailto:info@pgrhealthfoods.co.uk">info@pgrhealthfoods.co.uk</a>  <a href="http://www.rizopia.co.uk">www.rizopia.co.uk</a>  <b>Brands – RIZOPIA</b></p> <p><b>TOBIA TEFF</b>  67 Lilburne Walk  London  NW10 0TW  Tel: 02070181210  Email: <a href="mailto:info@tobiateff.co.uk">info@tobiateff.co.uk</a>  Orders by email only: <a href="mailto:sales@tobiateff.co.uk">sales@tobiateff.co.uk</a>  <a href="http://www.tobiateff.co.uk">www.tobiateff.co.uk</a>  <b>Brands – TOBIA TEFF</b></p> <p><b>WARBURTONS</b>  Hereford House  Hereford Street  Bolton  BL1 8JB  Tel: 0800 243684  <a href="http://www.newburnbakehouse.com">www.newburnbakehouse.com</a>  <b>Brands- WARBURTONS</b></p> <p><b>FEED ME RIGHT LTD</b>  13 Mill Fold Gardens  Littleborough  Rochdale  OL15 8SA  <a href="mailto:info@glutenex.co.uk">info@glutenex.co.uk</a>  <b>Brands - GLUTENEX</b></p>	<p><b>ULTRAPHARM</b>  Mamhilad Technology Park,  Pontypool NP4 0JJ  Tel: 01495 765570  Email: <a href="mailto:info@ultrapharm.eu">info@ultrapharm.eu</a>  <a href="http://www.ultrapharm.eu">www.ultrapharm.eu</a>  <b>Brands- LIFESTYLE</b></p> <p><b><u>MAIN WHOLESALERS</u></b></p> <p><b>ALLIANCE HEALTH CARE</b>  43 Cox Lane  Chessington  Surrey  KT9 1SN  Tel: 020 8391 2323  Pharmacy Services Tel: 020 3044 8021  Gluten Free Bread Team:0844 854 4998  <a href="mailto:information@alliance-healthcare.co.uk">information@alliance-healthcare.co.uk</a></p> <p><b>AAH PHARMACEUTICALS</b>  204 Polmadie Road  Glasgow  G42 0PH  Tel: 0141 423 5888  Order line Tel: 0844 561  8899<a href="mailto:enquiries@aah.co.uk">enquiries@aah.co.uk</a></p> <p><b>PHOENIX HEALTHCARE DISTRIBUTION LTD</b>  Rivington Road  Whitehouse Industrial Estate  Runcorn  Cheshire WA7 3DJ  Tel: 01928 750500  Fax: 01928 750750  <a href="http://www.myp-i-n.co.uk">www.myp-i-n.co.uk</a></p>
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